

Region I Behavioral Health Authority
REGION I BEHAVIORAL HEALTH ADVISORY COMMITTEE

August 4, 2022
1:00-2:00 p.m.

Region 1 Behavioral Health Authority

AGENDA

*God grant me the serenity to accept the things I cannot change,
Courage to change the things I can,
and the wisdom to know the difference.*

- | | | | |
|-------|---|----------------------|-------------------|
| I. | Call to Order | | |
| II. | Introductions | | |
| III. | Approval of Agenda | Motion | Voice Vote |
| IV. | Minutes of Previous Meeting | Motion | Voice Vote |
| V. | Emergency Psych Observation RFP | Motion | Voice Vote |
| VI. | FY22 Provider Audits | Informational | |
| VII. | State & Region 1 Utilization | Informational | |
| VIII. | RGB/R1BHAC Work Day | Informational | |
| IX. | Region 1 Marketing – Amanda Booth | Informational | |
| X. | Homeless Shelter Update (standing item) | Informational | |
| XI. | Questions from non-members | | |
| XII. | Questions from members | | |
| XIII. | Adjournment | MOTION | Voice Vote |

This agenda is kept continuously current at the Region I office, 4110 Avenue D, Scottsbluff, and is subject to revision and amendments until the time of the meeting.

Region 1 Behavioral Health Advisory Committee

June 2, 2022

1:00 p.m. – 2:30 p.m. – via zoom

MINUTES

- I. Meeting called to order at 1:02 p.m. by Betsy
- II. **Introductions:**
RIBHAC Members: Don Lease, Carrie Howton, Bob Davis, Pam Goding and Amanda Booth
Via Zoom: Betsy Vidlak

REGION 1 staff: Irene Guerrero, Holly Brandt, via zoom Jennifer Kriha
- III. **Approval of Agenda:** Don Lease made a motion to approve the agenda with a second by Amanda Booth with all members voting aye. Motion carried.
- IV. **Approve Previous Meeting minutes:** Carrie Howton made a motion to approve the April 2022, minutes with a second by Don Lease with all members voting aye with Pam Goding abstained. Motion carried.
- V. **Resignation of Matt Smith:** Matt Smith sent a letter of resignation, as his job schedule conflicts with RIBHAC meetings. Motion to accept Matt's resignation made by Carrie Howton with a second by Pam Goding with all members voting aye. Motion carried.
- VI. **FY23 Budget Review:** Jennifer Kriha discussed and reviewed the data for FY23 that begins on July 1, 2022. There is a 15% & 2% increase from the State. Documents discussed, Region 1 Provider Allocation, FY23 Summary, Difference from FY22-FY23, admin/coordination and Provider Budget Summary. Motion to approve FY23 budget made by Bob Davis with a second by Carrie Howton with all members voting aye. Motion carried.
- VII. **State & Region 1 Utilization:** Jennifer Kriha presented Region wide utilization through April, with 83.33% of year completed, with 52.34% utilized. State contracts July 21- March 22, should be 75% utilized and is at 47.69%.
- VIII. **Region 1 Prevention Introductions:** Kym Fries; Prevention Coordinator and Heather Brown; Prevention Specialist were introduced to the RIBHAC advisory team.
- IX. **Homeless Shelter Update:** Don Lease gave update, still working with PPHD to see what the next steps to take are and working toward an action plan workshop.
- X. **Questions from non-members:** None
- XI. **Questions from Members:** 988 to be up and running on July 1, 2022. Don Lease has concerns with the Missile Project in Kimball County, reminder no July RIBHAC meeting.
- XII. **Adjournment:** Betsy Vidlak made a motion to adjourned the meeting at 2:19 p.m.

Next meeting: Scheduled for August 4, 2022 1:00 pm – 2:30 pm. Meeting will be in person.

Minutes respectfully submitted by,

Region 1 Administrative Assistant Irene Guerrero

Emergency Psychiatric Observation – Northern Tier

Primary Counties: Sheridan, Sioux, and Dawes

Service Definition: Emergency Psychiatric Observation provides less than 24 hours of care in a secure, medically supervised hospital setting for evaluation and stabilization of acute psychiatric and/or substance use disorder symptoms. The service will prevent further exacerbation or deterioration and/or inpatient hospitalization when possible, and facilitates transition to the necessary level of care.

Allocation:

Service	Contract Amount	FFS/NFFS	Units
Emergency Psychiatric Observation	\$7,698.30	FFS	10
Service Development	\$25,000	NFFS	

Start Date of Service: On or after September 1, 2022.

Internal Review Date: March 15, 2022

Internal Review Team members:

Holly Brandt, Region 1 Administrator
 Lisa Simmons, Region 1 Network Manager
 Jennifer Kriha, Region 1 Fiscal Director
 Sue Teal, Region 1 Emergency Systems Coordinator
 Susanna Batterman, Region 1 Regional Governing Board Chair
 Don Lease, Region 1 Advisory Council Member

Interested Provider:

Western Community Health Resources (WCHR). – Current Region 1 Network Provider
 300 Shelton Street
 Chadron, NE 69337

****The service will be provided at Chadron Community Hospital ****

988 SUICIDE & CRISIS LIFELINE

What is 988?

988 is the new designated three-digit dialing code that routes callers to the National Suicide Prevention Lifeline. When people call, text, or chat 988, they connect to trained counselors in the existing National Suicide Prevention Lifeline network.

Q: Is 988 like 911?

A: 988 will serve as America's first three-digit crisis number dedicated to mental health and as an alternative to 911 for mental health-related crises. An individual in crisis, their family member, or even a bystander will be able to immediately reach a trained crisis counselor who can provide phone-based triage, support, and local resources.

Q: What will happen to the 1-800 Lifeline phone number? Is it going away?

A: No. The 1-800 Lifeline phone number (1-800-273-8255) will always remain available to people in distress or suicidal crisis. 988 will be an easier way to access a crisis call centers, but both numbers will be fully operational.

Q: Is the Lifeline available in different languages? What about those who are deaf?

A: There is a Spanish-speaking crisis line, 1-888-624-9454. Those who are deaf or hard of hearing should use their preferred relay service or dial 711 then 1-800-273-8255.

Q: Am I going to be talking to someone in my area?

A: In Nebraska, our call center partner is BoysTown in Omaha.

Q: Why should I trust the Lifeline?

A: The Lifeline's national network of over 200 crisis centers has been in operation since 2005 and has proven to be effective. More than 20.5 million people have been helped by the Lifeline. It is the counselors at these local crisis centers who answer the contacts the Lifeline receives every day. Numerous studies have shown that callers feel less suicidal, less depressed, less overwhelmed, and more hopeful after speaking with a Lifeline counselor.

Q: Why should I call 988?

A: Suicide is most often preventable. For every person who dies by suicide, 280 people seriously consider suicide but do not kill themselves. Over 90% of people who attempt suicide go on to live out their lives.

988 SUICIDE & CRISIS **LIFELINE**

**Simply calling or
texting 988 or
chatting
988Lifeline.org
will connect you
to compassionate
care and support
for mental
health-related
distress.**





988 SUICIDE & CRISIS LIFELINE

*Urgent
Realities*

*Easier
Access*

*There is
Hope*

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there is
hope

988 SUICIDE & CRISIS
LIFELINE

If you or someone you know is having thoughts of suicide or experiencing a mental health or substance use crisis, 988 provides 24/7 connection to confidential support. There is Hope. Just call or text 988 or chat 988lifeline.org

A close-up photograph of a man with a beard and short hair, looking thoughtfully to the side while holding a grey smartphone to his ear. The image is framed by a dark blue curved border.

988 SUICIDE & CRISIS
LIFELINE

**If you or someone you know is
struggling or needs support
now, call or text 988 or chat
988lifeline.org – You are not
alone.**

Talk with us.



988 SUICIDE & CRISIS
LIFELINE

If you or someone you know is having thoughts of suicide or experiencing a mental health or substance use crisis, 988 provides 24/7 connection to confidential support. There is Hope. Just call or text 988 or chat

A photograph of a woman with dark, curly hair looking out a window. She has a nose ring and is looking upwards and to the left. The background shows a bright sky and some greenery. The photo is framed with a white border.

988

**SUICIDE
& CRISIS
LIFELINE**

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